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DEFENDING RPO'S IN THE 4-3 SYSTEM

DEFENDING RPO'S



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DEFENDING RPO'S



THEORY BEHIND RPO'S



DEFENDING RPO'S



WHY ARE RPO'S ALL THE RAGE

- Oxygen plays
- Allows offenses to have the pen last
- The offense is likely never in a bad play
- Do the hard work during the week
- Put defenders in conflict
- Makes defenses passive



DEFENDING RPO'S



TYPES OF RPO'S



DEFENDING RPO'S



PRE-SNAP RPO

- Leverage
- Grass
- Numbers
- GIFT— Is your corner press or off

DEFENDING RPO'S



POST-SNAP RPO

- MOF Open (2-high)
- MOF Closed (1-high)
- Linebacker alignment

DEFENDING RPO'S



2nd LEVEL RPO

- Read 2nd level defender
- Linebacker in conflict
- Slants or Spot routes

DEFENDING RPO'S



3rd LEVEL RPO

- Read 3rd level defender
- Safety in conflict
- Glance or skinny post route

DEFENDING RPO'S



DEFENSIVE ANSWERS



DEFENDING RPO'S



LEVERAGE OF OVERHANG

- Box
- Freedom of alignment
- Change the picture for the QB/OC
- Every snap
- Assignment over disguise



DEFENDING RPO'S



STEM YOUR FRONT

- Changes the picture
- B gap defender
- Creates indecision at last moment

DEFENDING RPO'S



SECONDARY DISGUISE

- Hold your 2-high shell
- QB Indicator or Snap of the ball
- Changes the picture
- You have the pen last
- Creates indecision



DEFENDING RPO'S



PLAY MAN COVERAGE

- Cover 1 or Cover 0
- Nobody to read

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TAKE PLAYERS OUT OF CONFLICT

- Spike
- Post-snap move DLine

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STEAL GAPS

- Muddy up the front
- TEX stunt
- ET stunt





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