



Defensive Backs Job Description & Objectives

LAMARCUS HICKS

EASTERN MICHIGAN UNIVERSITY

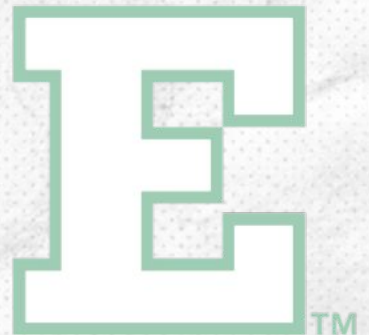
CORNERS COACH

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INTRODUCTION

DEFENSIVE BACKS

- **BACK PEDAL & REACT**
- **FURTHEST FROM THE BALL**
- **MAGNIFIED POSITION**
- **TRUE COMPETITORS**
- **BALL DISRUPTION**



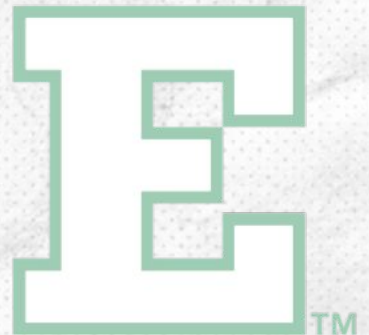
KEY ELEMENTS TO CB PLAY

- SHORT AREA QUICKNESS / COD
- LONG SPEED
- BALL SKILLS / JUDGEMENT / FINISH
- DISCIPLINED EYES & REACTION
- INSTINCTS
- CONFIDENCE



THE FIELD GENERAL: SAFETY

- COMMUNICATOR / LEADER
- INSTINCTS & UNDERSTANDING
- PHYSICAL PRESENCE / IN SPACE
- RANGE
- BALL SKILLS / JUDGEMENT
- VERSATILITY



OBJECTIVES

- **ELIMINATE EXPLOSIVES (RUN & PASS)**
 - **CONTAIN THE FOOTBALL / TACKLE WELL**
 - **KEEP THE BALL IN FRONT**
 - **GREAT EYES / ELIMINATE MENTAL ERRORS**
- **BALL DISRUPTIONS**
- **EFFORT**
- **PHYSICAL**
- **AFFECT MOMENTUM**